

**Minutes – Clinton County Board of Health
Public Meeting held
August 21st, 2025 – 7:30 a.m.
Clinton County Satellite Office, large conference room and Via ZOOM**

<u>Board Members</u>	Dr. Mary Malcom	Absent
	Jean Morgan, RN, BSN, MSED	Present
	Don Thiltgen	Present
	Chelsea Sullens, DPT	Absent
	Jenna Lovaas	Present

Staff Present Shane McClintock, Director to the Board of Health
Kelli Eggers, Administrative Assistant to the Board of Health

Others Present Chris McClimon, Public Health/MercyOne Genesis VNA
Lauren Schwandt, Gateway Impact Coalition
Kristin Huisenga, CSAC
Carolyn Weets, CSAC
Cynthia Kaczinski, Community Health Care
Angie Eacker, Community Health Care
Renee Snyder, Bridgeview Community Mental Health Center
Olivia Regenwether, ASAC
Mary Kay Wirth, Early Childhood Iowa
Heather Montgomery, Women's Health and Family Services
Amber Smith, CSAC

Thiltgen called the meeting to order at 7:32 a.m. The hybrid meeting was held with the option of teleconference participation. Roll call showed 3 members present in the meeting room. It was **moved** by **Lovaas**, seconded by **Morgan**, to **APPROVE** the June 26th, 2025 minutes as submitted. Motion carried 3-0.

AGENDA ITEM III – BOARD OF HEALTH

Eggers noted that House File 706 requires that all newly appointed board members are mandated to take a one-to-two-hour course regarding open meeting laws and records within 90 days of their term starting. **Thiltgen** commented that some do not fall under the category for the training, such as the new Veteran's Affairs Director as she is a hired employee.

AGENDA ITEM IV – COMMITTEE REPORTS

- A. Finance** – No updates.
- B. Personnel** – No updates.

- C. **Total Quality Management** – No updates.

AGENDA ITEM V – DEPARTMENT REPORTS

- A. **Environmental Services- McClintock** was present with no new updates.
- B. **MercyOne Genesis VNA & Hospice-McClimon** requested approval to sign the Public Health subcontracts. It was **moved** by **Lovaas**, seconded by **Morgan**, to **APPROVE** the subcontracts. Motion carried 3-0. A handout was submitted. **McClimon** notes an uptick in communicable diseases, but they have no common denominator and are mostly GI issues.
- C. **Maternal Child and Adolescent Health (MCAH)-** Unable to attend but previously mentioned they had no new updates.
- D. **Hillcrest Family Services/WIC- Kaczinski** noted they are now with CHC and will follow under that section from now on. Their new location is 925 South 4th Street in Clinton. Participation in July was up from June with 4428 participants enrolled. The WIC food program is going through a review. They may be making changes to keep the program in line with dietary guidelines and offer more choices as well.
- E. **Early Childhood Iowa/DECAT- Wirth** stated she is working with Women's Health Services on a grant to provide essential needs to young families. This could include diapers, formula, wipes, etc. Their Literacy Grant will be funding the Dolly Parton Imagination Library. She is also currently busy with 3-year-old preschool scholarship applications.
- F. **Women's Health and Family Services- Montgomery** requested approval of the 1st quarter Rapid HIV Testing claim and 1st quarter Teen Success claim. It was **moved** by **Morgan**, seconded by **Lovaas**, to **APPROVE** said claims. Motion carried 3-0. **Montgomery** noted the collaboration with ECI and that they have many families looking for these items. Their new health educator, **Elizabeth**, was hired and is currently training to gear up this fall on the Teen Success program in the schools. They have completed 50 Rapid HIV/Syphilis tests with zero positive for HIV and 1 positive for Syphilis this year so far.
- G. **Community Health Care, Inc- Eacker** noted that since joining WIC they are offering medical and dental services for children. They have a pediatric dentist still offering services once per month, and tomorrow she will see 50 patients. Other providers in the area have recently left, so they have had an influx of patients. They are still offering the Medication Recovery Program for drug and alcohol addiction.
- H. **Clinton Substance Abuse Council (GIC & CDC)- Schwandt** said they are at the end of their Drug Free Communities Grant. They are attempting to apply for a no cost extension as they have some funding left. The Back to School Bash is tomorrow from 7 to 10 pm for grades 4 – 8 at the DeWitt Community Center. They will have games, prizes, and food. **Thiltgen** noted the wonderful youth group that is promoting the

event. **Schwandt** said that nine youth recently went to Nashville to attend a four-day leadership conference. **Weets** noted that she works with the SPF-RX Grant regarding prescription drug misuse. They have been busy with events and lots of programming. She was able to get into the Clinton Community College to present to nursing students and has been busy with Narcan training. Regarding academic detailing, she has been going in the MercyOne department meetings and talking about the prescription monitoring program and best practices. The providers can check their own practices prescribing medication and compare it to their peers. They can also check records and see what prescriptions the patient has been prescribed previously. **Huisenga** applied for a grant that promotes water safety keeping drugs out of the water system. They also received 200 – 250 lock bags for medication. **Smith** continues working on the PFS-PAM Grant. Their sustainability plan was approved, and they recently posted a banner by Life Connections on Lincoln Way. The Iowa DOT states that 17,700 cars drive by that sign on a daily basis. She is still looking for places in the DeWitt area to place the banner. **Huisenga** noted that most teens do not use substances. Prevention is key as 9 out of 10 adults that have a substance use disorder started drinking or smoking before age 18. They encourage parents to talk early and talk often as well as to act quickly if they suspect their child is using. The Clinton Crush vigil is next Wednesday at 4:00 at the Bandshell. They focus on awareness, and remember those who are still struggling with addiction, while celebrating those in recovery. They received a grant from the Governor's Traffic Safety Bureau to start focusing on impaired driving in October. **Huisenga** is in search of condoms, harm reduction kits, and wound care kits. **Montgomery** will contact her about their state issued condom supply.

- I. **Area Substance Abuse Council (ASAC)/New Directions-** **Regenwether** stated she received an update from **Kyle Mecham** who couldn't attend. As of September 1st, they will be offering youth outpatient substance use programming. They will have weekly group sessions, likely on Friday afternoons because of the school early dismissals. In October, they will start some family engagement, programming, and curriculum things to strengthen support systems at home. They are currently accepting referrals. Regarding prevention, in the beginning of August, all Clinton County Conservation staff completed Narcan training. Narcan will be placed in the county parks next to the AED units. Historically, they have offered the Community Mental Health Awareness Night in May. Moving forward, they may have it at the end of February. May is a busy month with graduation, state track, prom, etc.
- J. **Bridgeview Community Mental Health Center-** **Snyder** has now been with Bridgeview 90 days. On September 19th at noon, they will be hosting an open house. They want people to feel comfortable with coming in. Grow Clinton will be there and do a ribbon cutting. They have been making a lot of positive changes. The Integrated Home Health services are now closed. The BHIS program serves ages 4 to 18 if they are on Medicaid. They will have two of their NP staff leaving next month, but two will remain. They are also hoping to hire a new mental health therapist.
- K. **Emergency Management-** Not in attendance.

AGENDA ITEM VI – BOARD OF SUPERVISORS

Not in attendance.

AGENDA ITEM VII – PUBLIC COMMENT

Eggers noted that board member, **Sullens** is having her baby today, and she would keep the board informed of updates.

AGENDA ITEM VIII – OLD BUSINESS

None.

AGENDA ITEM IX – NEW BUSINESS

None.

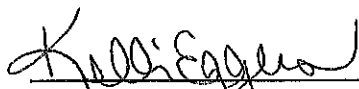
AGENDA ITEM X – NEXT MEETING DATE

October 16th and December 11th, 2025 at 7:30 am at the Clinton County Satellite Building, large conference room. Meeting also available via Zoom.

AGENDA ITEM XI – ADJOURNMENT

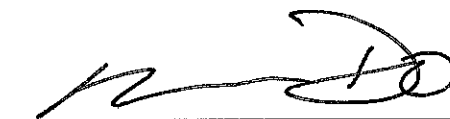
Motion by **Morgan**, seconded by **Lovaas**, to adjourn. Motion carried unanimously. Meeting was adjourned at 8:09 a.m.

Respectfully Submitted,



Kelli Eggers, Administrative Assistant to
the Board of Health

Approved



Dr. Malcom, Chairperson, Board of Health

Attachments can be viewed by contacting the Board of Health at the Clinton County Satellite offices.