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Quality Care For Kids

A newsletter for Clinton/Jackson
Child Care Providers

NOVEMBER 2014



Call your Child Care Nurse Consultant if you have any questions about child health and safety, or any special training needs.



The Child Care Nurse Consultant Program is funded by Clinton/Jackson Early Childhood Iowa

Car Seat Safety

Car crashes are the second leading cause of death for children 4 to 10 years old in the U.S. According to the National Highway Traffic Safety Administration (NHTSA) 3 out of 4 children are not as secure in the car as they should be because their car seats are not being used correctly. When correctly used child safety seats can reduce the risk of death by as much as 71%.

To keep children safe while riding in a motor vehicle it is important that parents and caregivers are properly securing

their children in the best car restraint (rear-facing till age 2, forward facing, booster, seat belt) for their age and size. It is also important to make sure that the car seat or booster seat has not been in a crash, has not been recalled, or is not expired. Most car seat and booster seats expire after 6 years. The label on the seat will tell you the manufacturer and model number. It may also have the expiration date listed. To check if your car seat or booster seat is recalled go to: www.odi.nhtsa.dot.gov/recalls/childseat.cfm

To find your local child seat inspection station go to www.safercar.gov/parents and click on "car seats". Then click on the red box ("get your seat inspected"). From there you can search by zip code for your local child seat inspection station.

Child seat inspections are free and will help ensure that you're using your car seat and restraining devices correctly.



Booster Seats

Booster seats protect children who are too big for a car seat but too small for a seat belt. Did you know that seat belts don't fit children properly until they are at least 57 inches tall (4'9") and weigh between 80 and 100 pounds?

Booster seats can reduce the risk of serious injury by 45% compared to seat belts alone. And in a recent study 9 out of 10 parents surveyed stated they

move their children from a booster seat to a seat belt before their child is big enough. 1 in 5 parents who carpool state they "bend the rules" when driving with children not being properly restrained in the correct car seat or booster seat.

For more information about safe transportation of children in your care contact your local child care nurse consultant.

Buckle up every ride, every time, in the right seat.

For more information go to: www.safekids.org