

**Minutes – Clinton County Board of Health
Public Meeting held
October 11th, 2018 – 7:30 a.m.
Clinton County Administration Building – Conference Room “B”
1900 N. 3rd St., Clinton**

<u>Board Members</u>	Dr. Mary Malcom	Present
	Dr. O. Daniel Osaro	Absent
	Dr. Sheryl Ernst	Present
	Jean Morgan, RN, BSN, MSED	Present
	Don Thiltgen	Present

Staff Present Shane McClintock, Director to the Board of Health
Kelli Eggers, Administrative Assistant to the Board of Health

Others Present Tom Determann, Board of Supervisors
Cynthia Kaczinski, Hillcrest / WIC
Michele Cullen, Genesis VNA
Jocelyn Meyer, Bridgeview
Joanne Hermiston, Women’s Health Services
Nancy Burns, Emergency Management
Gwen Deming, ECI
Leslie Mussmann, ASAC

Malcom called the meeting to order at 7:31 a.m. Roll call showed 4 members present. It was **moved** by **Thiltgen**, seconded by **Ernst**, to **APPROVE** the August 9th, 2018 minutes as submitted. Motion carried 4-0.

AGENDA ITEM III – BOARD OF HEALTH

Eggers noted that Dr. O. Daniel Osaro has been reappointed to another 3 year term set to expire December 31, 2021. **Malcom** recognized the death of William Speer, DVM. He was a long time member of the Board of Health who passed away on September 15th, 2018. **Malcom** also noted that Dr. Patricia Quinlisk, State Epidemiologist has recently retired.

AGENDA ITEM IV – COMMITTEE REPORTS

- A. Finance – No updates.
- B. Personnel – No updates.
- C. Total Quality Management – No updates.

AGENDA ITEM V – DEPARTMENT REPORTS

- A. Environmental Services- McClintock** stated that a second reading of the Elvira Ordinance will be at the Elvira Lutheran Church at 6:00 pm on October 22nd. This will give residents a chance to express their thoughts and concerns. Hopefully, it will be passed on the next Board of Supervisors agenda and then get started in the spring.
- B. Genesis VNA & Hospice**– Informational reports submitted. **Cullen** noted that public health has been very busy. The Community Health Needs Assessment with Let’s Live Healthy Clinton Area Initiative continues. The 5-2-1-0 grant was recently awarded. This is a state initiative to encourage healthy choices. The LLHI groups are working on action plans and tweaking target areas. Childcare, schools, before and after care, and community are the four target populations. **Cullen** noted they are busy again with school flu shots. Penetration rates will be available at the next meeting. **Thiltgen** stated that a master gardener had tended to his garden while he was away. She harvested over 60 pounds. **Cullen** noted that there are at least 5 sites for donation gardening and this program has tripled in size in the last year.
- C. Hillcrest Family Services/WIC**– **Kaczinski** stated their fiscal and grant year just closed in September. 423 women, 508 infants, and 563 children were served that year. The activities they plan to work on this fiscal year include the Nutrition Action Plan. From March 2017 thru April 2018, families served by Hillcrest/WIC spent an average of 70.5 % of their fruit and vegetable benefits. This left a little over \$102,000 of unspent funds for fruit and vegetables. Many aren’t educated on how to cook or prepare. 95 % of Farmer’s Market vouchers were distributed. Typically 100 % of them are distributed. **Morgan** noted more senior citizens were seen. **Thiltgen** said that to accept WIC, they have to be state certified. **Malcom** noted that Theresa Martens at the DeWitt Farmer’s Market is willing to take vouchers. **Morgan** said that training must be done every 3 years to remain certified. **Kaczinski** said the Breastfeeding Action Plan is designated by the state. They work to continue improving partnerships with birthing centers. The Breastfeed Coalition meets the last Monday of the month with the exception of October. They will meet the 22nd of October. Meetings are held at Gable Chiropractic office on 6th Avenue South. All are welcome.
- D. Early Childhood Iowa/DECAT**– **Deming** noted that she is the director for ECI in Clinton and Jackson counties. It is a state initiative with the vision that every child beginning at birth will be healthy and successful. This has 3 main prongs. 1) Provide resources and support for healthy parenting. 2) Improve availability and access to quality healthcare services. 3) Increase access for quality childcare and preschool opportunities. They will be updating their community plan this year through next September. This will include a survey regarding prenatal through age 5. The board will look at the results and outcomes and decide if funding should stay the same or go in a different direction.
- E. Clinton Substance Abuse Council (GIC & CDC)**- Not in attendance. Informational flier submitted.

- F. Women's Health Services– Hermiston** provided outreach updates. They sponsored the Movie Night and attended Autumn Fest in DeWitt and were at the Clinton Community College Fair. The Clinton Chamber also hosted an expo that they attended as well. The Wise Guys group that was launched is geared towards young men and continues to be done in the schools. Activities with Gateway Community Center are being planned as well. A girl group is also being planned there. Funding has been received again for fitness and wellness. They hope to include some of the 5-2-1-0 materials with this. They have been asked to focus on faith based communities this year. The second grant received this year will focus on parenting education to help parents work with their children. The grant funds must be used by the middle of February due to the funding year being shortened. A new funding opportunity will be announced which means another competitive application will need to be completed. Rules that were discussed in previous meetings have yet to be finalized. Some changes are being operated under as they were in the previously filed application. **Huisenga** recently attended a sexual risk avoidance training and was also certified to do the training. The training has a heavy focus on marriage and sexual risk avoidance versus abstinence.
- G. Area Substance Abuse Council (ASAC)/New Directions-** Informational flier submitted. **Mussmann** informed of upcoming events. October 18th, the Sisters of St. Francis will show the Resilience movie at Clinton Community College. The movie is regarding childhood trauma and adverse childhood experiences and the event will include a presentation along with the video. A Homeless Grant was received to do some improvements for the two halfway houses in Clinton. One is a women's and children's home, the other is a men's home. Both buildings are in need of assistance. Homeless and Hunger Week starts November 14th. An Ox Family Dinner will be held which invites the community to come in and receive a character card. Each card puts them in a different level of wealth. This card will refer to which meal they will receive and so on. This brings enlightenment to the differences between levels of wealth and homelessness. **Thiltgen** mentioned the Parent Education Series events thus far have been incredible and a great source of knowledge for parents. This series partners with all the local schools and will be held well into 2019. The Prevent Child Abuse Grant is now being geared toward adverse childhood experiences. **Huisenga** recently wrote a community development grant around this. November 16, a training called Connections Matter will be held. This is an opportunity to do a 20 or 50 minute presentation on childhood trauma and brain development and gives you a chance to talk with church groups, coffee club groups, etc. **Deming** noted that we all have trauma, some more than others. With the Connections Matter, this is trying to show that resilience is the key.
- H. Bridgeview Community Mental Health Center– Meyer** stated in the first quarter this fiscal year, 1566 adults and 396 youth were served. 172 of those youth were provided services at their school. That brings the total to nearly 50 % served with billable services. Bridgeview has added new staff members. There is a new school based therapist in DeWitt. A new behavioral health coordinator has also been added. Publicity announcing the new staff will be in the newspaper soon. They are partnering

with Mercy to offer a free depression screening today, October 11th from 9-5. If the person scores positive for depression or anxiety, they will have the ability to talk to a Bridgeview representative. The City of Clinton received the Opioid Treatment Grant for \$500,000. Bridgeview will offer peer support for those receiving treatment.

I. **Center for Alcohol & Drug Services, Inc. (CADS)**- Not in attendance.

J. **Emergency Management**– **Burns** noted that **Chance Kness** left Tuesday to help with Hurricane Michael efforts with the Federal Assistance Team. They have kept busy with Run, Hide, Fight trainings at banks, Clinton Community College, and the Skyline Center. 179 completed the Stop the Bleed Training at Camanche schools. They will be partnering with Fulton schools and Fulton Police Department for Train the Trainer. DeWitt schools will soon participate in an active shooter exercise. Previously, they have used drones to see how kids were exiting the building which gave them tremendous feedback. **Dan Howard** has been working on Stop the Bleed trainings. They are working on every law enforcement vehicle to have Stop the Bleed Kits. The Radiological Emergency Preparation is a FEMA graded exercise that must be completed every 2 years and will be done this month. October 27th, the Ground Search Training will be held in which all area fire departments are invited. **Thiltgen** stated that there is a grant opportunity coming up regarding maintaining sirens and generators, etc. They must be applied for or grant money will be lost. Applications are on the county website under the Emergency Management section.

K. **Community Health Care, Inc**- Not in attendance.

L. **Maternal Child Adolescent Health (MCAH)**- Not in attendance.

AGENDA ITEM VI – BOARD OF SUPERVISORS

Determann noted on October 19th, the Board of Supervisors will have a jail tour with the press. October 22nd, the second reading of the Elvira Ordinance will be held at the Elvira Lutheran Church. On October 23rd, a public hearing regarding the Drainage District will be held in DeWitt. A trip on January 22nd is planned to Des Moines for the annual Clinton County Day. **Determann** has attended meetings with the UP Railroad regarding the bridge across the Mississippi. Over 500 workers will come to the area for four or more years.

AGENDA ITEM VII – PUBLIC COMMENT

Morgan had asked if anyone has heard from the IDPH representatives that attended the board meeting a few months prior. **Malcom** noted they were here for informational purposes and have not heard anything since. **Eggers** noted they are on our email list for meetings and agendas.

AGENDA ITEM VIII – OLD BUSINESS

Discussion resumed on editing a draft statement regarding Title X changes and sexual health

education. An updated draft will be available at the next meeting. **Hermiston** will work on obtaining statistics regarding sexual health education reducing unwanted pregnancies.

AGENDA ITEM IX – NEW BUSINESS

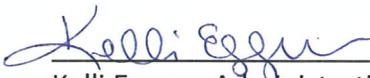
AGENDA ITEM X – NEXT MEETING DATE

December 6th, 2018 and January 31st, 2019 at 7:30 am at the Clinton County Administration Building, Conference Room “B”.

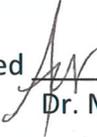
AGENDA ITEM XI – ADJOURNMENT

Motion by **Morgan**, seconded by **Ernst**, to adjourn. Motion carried unanimously. Meeting was adjourned at 8:45 a.m.

Respectfully Submitted,



Kelli Eggers, Administrative Assistant to
the Board of Health

Approved  _____ 
Dr. Malcom, Chairperson, Board of Health

Attachments can be viewed by contacting the Board of Health at the Clinton County Satellite offices.