

**Minutes – Clinton County Board of Health  
Public Meeting held  
September 12th, 2019 – 7:30 a.m.  
Clinton County Administration Building – Conference Room “B”  
1900 N. 3<sup>rd</sup> St., Clinton**

---

<b><u>Board Members</u></b>	Dr. Mary Malcom	Present
	Dr. O. Daniel Osaro	Present
	Dr. Sheryl Ernst	Absent
	Jean Morgan, RN, BSN, MSED	Present
	Don Thiltgen	Present

**Staff Present**      Shane McClintock, Director to the Board of Health  
                                 Kelli Eggers, Administrative Assistant to the Board of Health

**Others Present**

Becky Nowachek, IDPH  
Nancy Burns, Emergency Management  
Mark Mangler  
Angie Eacker, Community Health Care  
Michele Cullen, Genesis VNA  
Gwen Deming, CPPC  
Cynthia Kaczinski, Hillcrest/WIC  
Lauren Schwardt, CSAC  
Jordan Lillard, CSAC  
Jocelyn Meyer, Bridgeview  
Joanne Hermiston, Women’s Health Services  
Doug Cypher  
Jim Irwin, Board of Supervisors

**Malcom** called the meeting to order at 7:30 a.m. Roll call showed members 4 present. It was **moved** by **Thiltgen**, seconded by **Morgan**, to **APPROVE** the July 18th, 2019 minutes as submitted. Motion carried 4-0.

**AGENDA ITEM III – BOARD OF HEALTH**

None

**AGENDA ITEM IV – COMMITTEE REPORTS**

- A. Finance** – No updates.
- B. Personnel** – The Assistant’s review was completed in July. **Morgan** motioned to **APPROVE** said review, seconded by **Osaro**. Motion carried 4-0.

C. **Total Quality Management** – No updates.

**AGENDA ITEM V – DEPARTMENT REPORTS**

- A. **Environmental Services- McClintock** stated he has had two variance requests for septic and wells from Mr. **Mangler** and Mr. **Cypher** of the Outback Subdivision. These parcels are under the 2 acre allotment that the Planning & Zoning department asks for. The only way they can put a septic and well on these properties is with a variance approved by the board. The **Mangler** property is 1.25 acres approximately. **McClintock** showed the board on a map where exactly **Mangler** proposed to put his well and septic. This shows plenty of separation with no issues. This is allowed by the state code, but the local code states 2 acres. **Thiltgen** questioned if there would be any issues with the neighbor nearby. **McClintock** noted that that neighbor is actually Mr. **Cypher** who is also requesting a variance for a property he is purchasing from Mike **Kopp**. There is a current septic system there. Originally we talked about doing the Advantex systems for 4 properties, now it will be just 2. He already has a tank and field that is plenty of size, and just for this home. This is about 1.6 acres total. It would fit without any issues as it is already there and the separation distances from **Mangler** are fine. **Malcom** stated she felt it makes sense to approve both of the variances in one motion. **Thiltgen** motioned to **APPROVE** the provided variances as requested, **Osaro** seconded. Motion carried 4-0. **McClintock** noted that the State Hygienic Laboratory has requested Clinton County to participate in a study regarding private well testing and certain heavy metals and pesticides including testing the urine of pregnant women. This is a five year study and we are one of ten counties that have been asked to participate. **Morgan** motioned to **APPROVE** the participation in the study with the State Hygienic Laboratory, **Thiltgen** seconded. Motion carried 4-0.
- B. **Genesis VNA & Hospice**– Informational report submitted. **Cullen** noted that the federal audit was completed for Genesis. The results should come in the first of the year. The state will come in for the Emergency Preparedness funds auditing in October or November. The Let's Live Healthy Clinton Area Initiative received a second year of 5-2-1-0 Grant funding. This supports initiatives like the Walking School Bus. Clinton has a bus that is very successful and will continue this school year. **Cullen** along with Andrea **Barnett** of MercyOne will be present at a youth group today. This is a youth group where they offer community service. The initiative presents a problem and the children come up with a solution to the problem. The growing issue of obesity will be the focus. School flu clinics start in about ten days. It is mandatory that immunizations be completed for school aged children by August. Letters were sent in the spring reminding parents of clinics, but it seems that many wait until the last minute. Due to this, they did run out of vaccine. **Nowachek** reminded the board that she is with the IDPH. There has been an organizational change. They are no longer the Bureau of Local Public Health Services, but now the Bureau of Public Health Performance. There isn't really a program for chronic diseases. They are more for building public health

infrastructure in Iowa. An informational form was submitted regarding the legal authority of local boards of health. **Nowachek** stated there was an issue in Henry County of the disbursement of certain funds and whether they were spent correctly or not and whether the work was performed. This will come back on that local board of health.

- C. **Hillcrest Family Services/WIC– Kaczinski** informed that all farmer’s market checks have been distributed this year. They have until the end of October to use them. In December, they will get the redemption rate back. **Morgan** noted she sees some, but not a lot. If they go unused, that will count against the grant and funding will be decreased. **Morgan** mentioned telling them now that the choices in the market are better now than they will be in October. **Kaczinski** said they had their clinic visit from the state office in July which was very favorable. The grant year for 2018/2019 is finishing up. The state wants them to continue with the breastfeeding action plan in the birthing centers to increase breast feeding rates. This means providing accurate, safe information to the new mothers and getting more follow up to them once they go home. The state has also been looking at the distribution of breast pumps. They have a very strict policy regarding giving them out, because once they are given, they cannot be returned. Some mothers only use them for a few weeks and then call wanting help with formula. The local breast feeding rate is 62% and the state is 80%. The nutrition plan asks them to continue with motivational interviewing and education versus lecturing on families to make healthy changes.
- D. **Early Childhood Iowa/DECAT– Deming** submitted an informational report that is an overview of ECI. The last page is all the programs funded in Clinton and Jackson counties. **Malcom** asked if the books at the well child clinic in Maquoketa were hers. **Deming** said yes, they funded those. This year a survey was done in Clinton and Jackson counties and sent out to about 300 people via email. The result showed in part that literacy was an issue. The ECI Board decided to spend funds on items as well as giving money. One of those things involved joining up with the Grade Level Reading of Jackson County. The books went to Medical Associates in Maquoketa. They are age appropriate books for developmental and well child visits. Informational sheets were also printed for the parent to take home with them. Literacy kits were also purchased. There are 3 different kits from newborn up to five years. Libraries will get some kits. Parents will be able to check them out and work with their kids. Some are also given to the AEA and Hightower Place. The programs that are funded for in home visitation will also receive kits. **Thiltgen** asked that the DeWitt library was involved in the distribution; **Deming** stated yes, they are. **Morgan** suggested that books be taken to the emergency room for children to be able to take home. **Malcom** noted they must be hard surface items in order to be sanitized if not taking home. **Deming** noted that Dolly Parton in Clinton and Jackson also received funds for more books. **Deming** stated they are also looking for board members particularly those who are faith based. It is a volunteer position.
- E. **Clinton Substance Abuse Council (GIC & CDC)- Schwardt** stated she would like to introduce the new coordinator in their office, **Jordan Lillard**. She started last week and

will be the new coordinator for the Gateway Impact Coalition. On October 15<sup>th</sup>, The Trajectory of Trauma will be held at the Vista Grande. This is an all-day conference with a national speaker. **Schwardt** will send out the registration link electronically. The Parent Education Series will continue this year. They have partnered with local schools to host the meetings. A variety of topics include vaping, bullying, human trafficking, marijuana and anxiety and depression. Ben Court will return for the Blunt Truth about Marijuana. Frank Cross will also talk about the adolescent mind and ACES. The 4<sup>th</sup> year is almost over for the Drug Free Communities Grant. They will be gearing up to write for that soon. The MAT Clinic is believed to be opening next week on the 18<sup>th</sup> of September. **Thiltgen** noted that Ben Court did an excellent job last year. There is a concern that our neighbor over on the Illinois side having legalization and how that will affect our community. **Morgan** questioned Ben Court's appearances. September 25<sup>th</sup> from 6-8 pm is the only public, the rest are school related. **Morgan** noted the vaping issue has really hit the news and should really be brought up sooner than later. **Schwardt** said that last year they had the Day on the Hill program where they took a bus load of children to Des Moines where they were able to speak with local legislators. They are interested in trying to raise the tobacco age to 21 as many seniors are 18 and can purchase for younger children at school. **Thiltgen** said it was great as the children learned about law making and the impact on taking part in it. The event is scheduled for February 10<sup>th</sup>.

**F. Women's Health Services– Osaro** motioned to **APPROVE** the 4<sup>TH</sup> quarter Rapid HIV Testing claim, **Morgan** seconded. Motion carried 4-0. **Hermiston** provided informational handouts regarding Title X. They have been very busy with outreach activities including LumberKings games, county fairs, DeWitt's Movie in the Park event, and the Back to School Bash. Trainings for the CAPP Grant have been ongoing. The Love Notes and FLASH programs focus on 13 lessons for healthy relationships, making goals, and decision making while incorporating birth control and STDs. **Hermiston** noted their health educator has moved, so there is a new hire, Alycia. She is eager to start making community connections. The Title X Final Rule is also consuming a lot of their time. There is still litigation on that, but the courts have ruled that it is still slated to move forward. There has been limited guidance on this, but by September, they must acknowledge that they are in compliance. Thus, they are busy updating clinical protocols, policies and procedures. The Healthcare Refusal Rule is not in place yet, and has been delayed until November 22<sup>nd</sup>. This has high governmental and non-governmental impact. Any agency receiving federal assistance funding would have to follow this. Hospitals, non-profits, and some boards of health would also be affected.

**G. Area Substance Abuse Council (ASAC)/New Directions-** Not in attendance.

**H. Bridgeview Community Mental Health Center– Meyer** submitted Bridgeview's September/October newsletter. On July 31<sup>st</sup>, they finally made a purchase on a new building. It is the empty Ashford call center building on 19<sup>th</sup> Avenue. Deconstruction started last week and many renovations will be done with a completion date of March 31, 2020. This will be a one level building with a better set up for privacy issues, etc.

Mental therapy centers across the state are having issues finding masters level therapists. Bridgeview is short two child and adolescent therapists right now. Currently, there are not therapists at the four elementary schools in Clinton. The two who were there moved late last spring. The 7<sup>th</sup> annual Breaking the Silence Walk will be September 29<sup>th</sup> at 1:00 pm in Camanche at Imperial Lanes. Cost is \$15 to register for the walk. Funds from this event go towards suicide prevention programming. Signs will be available for people to put up in remembrance of their lost loved ones. **Meyer** noted that suicide has been very prevalent in our community recently and was even noted on NBC News. Approximately 47,000 people per year in the United States chose to end their own life. Bridgeview provides peer support specialists at the Medication Assisted Treatment Clinic that is slated to open soon.

**I. Center for Alcohol & Drug Services, Inc. (CADS)- Not in attendance.**

**J. Emergency Management– Burns** said that in regards to a rash of recent shootings, they have been busy with Run, Hide, Fight trainings. Camanche schools held one for their new staff as well as Clinton Community College. A scenario training was also done for the staff of the college. Once they completed this training, they felt much more empowered with the tools provided. Clinton Middle School had both a presentation and scenario training. Rock Valley Physical Therapy also had a training and trainings are ongoing for Nestle Purina. Due to the liability factor at some of the factories, they are not able to have actual scenario training. Thus, a public scenario training will be held on October 10<sup>th</sup> and it is designed for those employees who have had the presentation portion of the training, but were unable to do the scenario portion of the training. September 11<sup>th</sup>, they went to Skyline on Manufacturing Drive. They had a concern that staff were unsure of how to handle a Shelter-in-Place situation. They held a table top demonstration regarding how to handle this situation. They have also been busy with CERT volunteers at National Night Out, Clinton Back to School Bash and will be participating in local firehouse open houses coming up. The drones have been ordered. The company from Florida will actually come up and do pilot training for 3 days to train a basic group of pilots including Dan **Howard**, and local fire department representatives. This includes night training. From there on, that group will train other pilots. The goal is to have ten teams of pilots as they can be called out 24 hours, 7 days a week. One drone is quite large with a heat seeking camera. The Region 6 LEPC meeting was recently held that involved 9 counties. This committee is mandated for emergency planning for hazardous materials. Clinton County must keep track of any factory or business that houses hazardous materials and what to do if there is a spill. On Tuesday, the staff was able to go on the fire boat and take a look at the industries on the river and also understand the capabilities of the boat in case of fire or rescue situation. Genesis DeWitt is the local designated hospital for where to take a patient that has been exposed to radiation. They will be doing a radiological drill regarding the process of decontamination. **Malcom** and **Burns** noted that they hired two new investigators for the Medical Examiner's office and they are in the training phase. Two new transport drivers were also hired. **Malcom** and **Howard** recently attended the Medicolegal Death Investigators course in St. Louis. It is highly recommended to take this course within two

years of being hired. **Malcom** noted she should have a report regarding the statistics of 2019 deaths in the county around March.

**K. Community Health Care, Inc- Eacker** wanted to update regarding clinic growth. They currently have two nurses on maternity leave. Thus, they have slowed down with new patients and have a waiting list in place. Dr. Prasad has been helping the clinic seeing patients one to two days a week. They continue to work with the hospital with care coordinators and complex patients.

**L. EveryStep/MCAH- Unable to attend.**

## **AGENDA ITEM VI – BOARD OF SUPERVISORS**

**Supervisor Irwin** said that the news announcement regarding the Peanut Butter Student Loan Assistance Program was just released. This is for new residents of Clinton County beginning August 1, 2019. There are 40 positions open. Individuals enrolled will receive \$30 a month toward the payoff of their student loan debt for five years. This is included for those who have moved away from the area in the last two years and have moved back. If you move into the cities of Clinton or Camanche, it is another \$30 a month. For the city of DeWitt, you must live there and work within Clinton County for an additional \$30. Those school districts are also signed up. So for example, you are a new teacher and move to the county in one of those 3 cities and work at one of those schools, you could generate up to \$90 for student loans monthly. **Irwin** noted we are the first and only county in the nation to do something of this sort. The jail has been opened and **Irwin** was able to attend the grand opening tour.

## **AGENDA ITEM VII – PUBLIC COMMENT**

**Morgan** stated she believes that somehow we need to make sure that people who are moving into Clinton that are living with other people, but not necessarily in their own home, be included in a census. This is how you get funding and is a serious issue.

## **AGENDA ITEM VIII – OLD BUSINESS**

**McClintock** stated he needs to contact the city administrator in DeWitt regarding tanning inspections. **Eggers** noted the city of Clinton took over their own inspections using Building and Neighborhood Services. **McClintock** said he has no tanning facilities out in the county but would touch base with those in Camanche and Wheatland and see if they need help with regulations.

## **AGENDA ITEM IX – NEW BUSINESS**

None

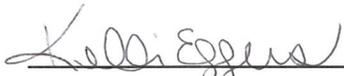
## **AGENDA ITEM X – NEXT MEETING DATE**

November 7<sup>th</sup>, 2019 and January 9<sup>th</sup>, 2020 at 7:30 am at the Clinton County Administration Building, Conference Room "B". It was noted that **Malcom** will not be present at the November meeting, but could phone in if necessary.

**AGENDA ITEM XI – ADJOURNMENT**

**Thiltgen** motioned to adjourn, seconded by **Osaro**. Motion carried unanimously. Meeting was adjourned at 8:40 a.m.

Respectfully Submitted,

  
\_\_\_\_\_  
Kelli Eggers, Administrative Assistant to  
the Board of Health

Approved   
\_\_\_\_\_  
Dr. Malcom, Chairperson, Board of Health

Attachments can be viewed by contacting the Board of Health at the Clinton County Satellite offices.