

**Minutes – Clinton County Board of Health  
Public Meeting held  
March 5th, 2020 – 7:30 a.m.  
Clinton County Administration Building – Conference Room “B”  
1900 N. 3<sup>rd</sup> St., Clinton**

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<b><u>Board Members</u></b>	Dr. Mary Malcom	Absent
	Dr. O. Daniel Osaro	Absent
	Jean Morgan, RN, BSN, MSED	Present
	Don Thiltgen	Present
	Chelsea Sullens, DPT	Present

**Staff Present**      Shane McClintock, Director to the Board of Health  
Kelli Eggers, Administrative Assistant to the Board of Health

**Others Present**

Michele Cullen, Genesis VNA  
Shannon McManus, ISmile  
Lynda Murray, Milestones Area Agency on Aging  
Jocelyn Meyer, Bridgeview  
Nancy Burns, Emergency Management  
Leslie Mussmann, ASAC  
Heather Montgomery, Women’s Health Services  
Jim Irwin, Board of Supervisors  
Gwen Deming, Early Childhood Iowa

**Thiltgen** called the meeting to order at 7:30 a.m. Roll call showed 3 members present. It was **moved** by **Morgan**, seconded by **Sullens**, to **APPROVE** the January 9th, 2020 minutes as submitted. Motion carried 3-0.

**AGENDA ITEM III – BOARD OF HEALTH**

NONE.

**AGENDA ITEM IV – COMMITTEE REPORTS**

- A. **Finance** – No updates.
- B. **Personnel** – **Thiltgen** noted the Sanitarian’s yearly review was completed last week. Copies are available upon request.
- C. **Total Quality Management** – No updates.

**AGENDA ITEM V – DEPARTMENT REPORTS**

- A. **Environmental Services- McClintock** stated he has no updates. Elvira is now in the engineer's hands.
- B. **Genesis VNA & Hospice- Cullen** provided an informational hand out. Regarding 5210 funding, the budget was approved. The initiatives include donation gardening which is being led by the Iowa State Extension office. The school green house at Clinton High School will be supported by this. The Walking School Bus continues to go well with Jefferson and Bluff elementary schools. Walk to School Day is also being promoted to local schools. The Hyvee Fit Kids program continues with an instructor that does fun songs with activities. The group is working on a Worksite Family Wellness program. Mercy will host that on May 12<sup>th</sup>. Speakers are being lined up to talk at the event. They are working with the College of Public Health and the Chamber on this as well, as they are sending out the invitations. Regarding the Community Health Needs Assessments, Mercy's will be due first. The Emergency Preparedness Grant is due March 11<sup>th</sup>. Unity Point in Bettendorf was awarded the hospital coalition part, so they will work closely next year with that. COVID-19 has kept their office busy with several webinars. Information was provided in the handout. Lots of talking points are on the Iowa Department of Public Health website as well as that of the CDC. The biggest thing **Cullen** noted was to wash your hands. If anyone has questions, please call her office and she will research the answer if she doesn't already know it. **Thiltgen** noted that there were several new faces in the audience and gave appropriate introductions of the board members.
- C. **Hillcrest Family Services/WIC- Unable to attend.**
- D. **Early Childhood Iowa/DECAT- Deming** said the Community Baby Shower was coming up on April 4<sup>th</sup> from 10 AM – 1 PM at the DeWitt fairgrounds. The intent is to connect at-risk families with community resources. Beef is being donated from the Clinton County Cattleman, and several other donations are being brought in. A shuttle from Maquoketa to DeWitt will be provided and hopes are that there will also be one from Clinton. They will have awesome door prizes and gifts. Many of the agencies reporting to the board will be in attendance. They are still looking for adult volunteers.
- E. **Clinton Substance Abuse Council (GIC & CDC)- Not in attendance.**
- F. **Women's Health Services- Morgan** motioned to **APPROVE** the 2<sup>nd</sup> quarter Rapid HIV Testing claim, seconded by **Sullens**. Motion carried 3-0. **Heather Montgomery** introduced herself as the new director after **Hermiston** retired. She has been at Women's Health for over a year and a half. Prior to this, she was at Bridgeview for about 16 years. Women's Health is also working on the Community Baby Shower. **Alycia** does the community promotions and works with pregnancy prevention and youth education. They continue to be busy with STI screenings, as an increase has been seen over the last year or so. **Thiltgen** asked if she would be going to Des Moines. **Montgomery** said that yes, she would be from time to time, especially regarding Title X. **Thiltgen** noted a group is going out next Wednesday. He will get to open up the House saying a prayer, with his grandson saying the Pledge of Allegiance. From there, they will go to the Senate and do

the same.

- G. Area Substance Abuse Council (ASAC)/New Directions-** **Mussmann** requested that the board **APPROVE** the letter of support for the second year of the JAG Grant and to **APPROVE** the support statement on the ASAC Tobacco Partnership. It was moved by **Morgan**, seconded by **Sullens**, to **APPROVE** said support letters. Motion carried 3-0. **Mussmann** stated that Iowa Department of Public Health has asked them to do a very large community assessment of behavioral health issues. Community readiness surveys are also in the works regarding prescription drugs, gambling, nicotine, and alcohol. They are asking for an age range from birth to elderly. 65 plus will focus on prescription drugs and gambling. The goal is to have the data ready and available for when the counties are doing their health assessments. They are also partnering with CSAC for coalition support to grow the Breath Easy Coalition. ISTEP groups are in DeWitt and Clinton for youth to work on tobacco issues in the community. Work place education is also being done for nicotine issues at places of employment. Daycares and parks are also working on policy issues.
- H. Bridgeview Community Mental Health Center-** **Meyer** states they are finally moving into their new building at the end of the month. A ribbon cutting ceremony is in the works with the Chamber, and they will update when information is available. The new child psychiatric nurse practitioner has started via tele site from Florida. Meyer noted that more youth psychiatric practitioners are needed across the board. DeWitt schools have asked Bridgeview to expand their surveys to middle school students which is 7<sup>th</sup> and 8<sup>th</sup> grade. This looks for at risk students. **Meyer** states they are attending several events also such as the Community Baby Shower, the 50s Plus Fair at the Vista Grande and Career Day at Clinton Community College. The Glow Walk will not be put on this year as the coordinator is having a major surgery. The Speak Out Against Suicide gala is coming up on April 25<sup>th</sup>. Typically Bridgeview receives about \$15,000 to put towards screenings from this gala. **Thiltgen** noted his granddaughter is a pediatric psychiatric nurse at Finley in Dubuque.
- I. Center for Alcohol & Drug Services, Inc. (CADS)-** Not in attendance.
- J. Emergency Management-** **Burns** said the Run, Hide, Fight training has been completed at Lyondell and Clinton High School. The Church of the Open Door and DeWitt and Clinton Citizens Police Academy trainings will be coming up. The Stop the Bleed training was completed with the CERT team. Planning is in the works for a railroad table top exercise on April 16<sup>th</sup>. This would be in the event of a possible derailment. A two day on site training will occur in the fall. The railroad is funding this to train first responders. A Shelter in Place exercise was also done with Wheatland Manor. Spring flooding could be a potential issue. It really depends on the snow melt coming from up north. Updates should be given next week. Regarding the drones, **Dan Howard** will attend an advanced training in Georgia regarding FLIR or forward looking infrared. This assists in night searches. A 3 day training was completed in February for area fire departments, EMS and law enforcement. This was at no cost to any of the attendees. COVID-19 has also

kept them busy with webinars. A storm spotter training will occur on March 26<sup>th</sup> and is open to the public. **Thiltgen** noted a webinar was scheduled today with the USDA regarding recent tornadic activity.

**K. Community Health Care, Inc-** Not in attendance.

**L. EveryStep/MCAH-** Informational packet provided. **McManus** noted they will be doing dental screenings at the Community Baby Shower. They are also partaking in Clinton Community College Day in attempts to recruit adolescents to dentistry as many will be retiring in the next five years. They are almost finished with preschool services. 2<sup>nd</sup> and 3<sup>rd</sup> grades have been added to the original 6<sup>th</sup> grade oral hygiene presentations. **McManus** said they participated in a library program called Bed, Brush and Book Night. They wore pajamas, read books, made crafts, and had a slice of watermelon as “your smile is one in a melon”. They will also have a tooth fairy at the summer library programs. Regarding Clinton and Jackson County numbers from 2018-2019, 1591 kids were seen with 233 of those referred for urgent dental care. That amounts to 15%. WIC had 294 kids with 5% referred for urgent needs. 22 maternal clients were seen with 36% of those needing urgent care. **Thiltgen** noted the DeWitt library will be closed for renovation for a few weeks in May.

## **AGENDA ITEM VI – BOARD OF SUPERVISORS**

**Irwin** questioned regarding MCO payments and if they were getting caught up. **Cullen** said she inquired with Genesis and that has gone all the way to the CEO. She has yet to hear results. **Irwin** said he met with **Kelly Garcia**, head of DHS. She had stated by the end of February, they hope to have all past payments within a 60-90 day range. If this isn't happening, please get the information to **Irwin**. **Irwin** feels mental health employees need better pay rates. **Garcia** states it is not up to her to set reimbursement rates, but the supervisors disagree with that. She states it is legislation. He states lower entry positions must have better pay rates. **Irwin** welcomes emails with input and will keep working on this. Regarding mental health, we do need more money for the region, but more options are needed to solve the problem. **Thiltgen** introduced **Irwin** to the new faces in the audience and stated he was the newest supervisor to the county and doing a great job. **Morgan** said she spoke with **Kim Reynolds** when she was here and mentioned the problem with transportation and mental health. The problem with grants is that the money eventually runs out and places such as the MAT Clinic get up and running and then the money is gone. She noted she even got a hug from the governor when she noted some success with the program. The Census also has a huge bearing on how much funding we get. **Morgan** would like all reporting agencies to get the word out on how important it really is. She noted some people from Chicago are living in area homes and may not be counted. **Morgan** would like all agencies to use their social media to spread the word this month. **Deming** said 1 million ages 0-5 were not counted in the last census and the census people have been invited to the Community Baby Shower. **Thiltgen** noted he started another scholarship for skilled trades in the DeWitt school district.

## **AGENDA ITEM VII – PUBLIC COMMENT**

**Lynda Murray** of Milestones Area Agency on Aging gave an overview of the Fresh Conversations Program. She is a registered dietician from Burlington. It is a preventative nutrition, wellness, and exercise program targeted for seniors. She stated this is evidence based and offered by a registered dietician out of Des Moines. This reduces fall risk and helps seniors stay in their own home. **Murray** stated this is a proactive program and she will be at Empower You tomorrow for students and legislators. She will be explaining the effects of nutrition and mental health. She states foods such as white sugar and white flour can contribute to bad colon lining, mental health, and eating disorders. A newsletter is provided every month to the seniors. This is taught by a facilitator and is 100% scripted. She is in search of volunteers to facilitate the program. **Sullens** inquired how they are targeting people. **Murray** stated they are targeting at senior meal sites, where they typically gather. There is some compensation for volunteers and mileage is paid as well. The program is 30 minutes long with about 3 to 5 hours of prep time per month. She welcomed emails at [lyndam306@aim.com](mailto:lyndam306@aim.com).

## **AGENDA ITEM VIII – OLD BUSINESS**

NONE.

## **AGENDA ITEM IX – NEW BUSINESS**

NONE.

## **AGENDA ITEM X – NEXT MEETING DATE**

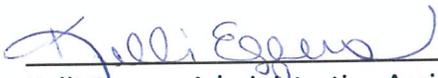
May 7<sup>th</sup>, 2020 and July 9<sup>th</sup>, 2020 at 7:30 am at the Clinton County Administration Building, Conference Room “B”.

## **AGENDA ITEM XI – ADJOURNMENT**

**Motion** by **Morgan**, seconded by **Sullens**, to adjourn. Motion carried unanimously. Meeting was adjourned at 8:32 a.m.

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Respectfully Submitted,

  
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Kelli Eggers, Administrative Assistant to  
the Board of Health

Approved   
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Dr. Malcom, Chairperson, Board of Health

Attachments can be viewed by contacting the Board of Health at the Clinton County Satellite offices.