

**CLINTON COUNTY BOARD OF HEALTH  
CLINTON COUNTY HEALTH DEPARTMENT  
329 EAST 11<sup>TH</sup> STREET  
DEWITT, IOWA 52742-1457  
PHONE: 563-659-8148  
FAX: 563-659-2616**

**MINUTES  
BOARD OF HEALTH MEETING  
FEBRUARY 5, 2009  
CLINTON COUNTY ADMINISTRATION BUILDING  
BOARD OF SUPERVISOR'S ROOM "B"  
CLINTON, IOWA**

**Members Present:** Charleen Smith, Dr. Speer, Jean Morgan, Dr. Osaro

**Others Present:** Maribeth Bousman, Michele Cullen, Bob Summers, Kristin Huisenga, Mary Lou Hinrichsen, Jenny Kreiter, Darlene Fox, Chance Kness, John Staszewski

Board of Health Chairperson, Charleen Smith, called the meeting to order at 7:36 a.m.

Approval of minutes for December 11, 2008, meeting; Dr. Speer moved to accept the minutes; Jean seconded the motion; all members present were in favor; motion carried; Charleen introduced the new BOS, John Staszewski.

**FINANCE COMMITTEE:** Charleen said the finance committee met and approved the BOH budget to be turned in to the auditor's office in January, and then met with the BOS on Feb. 2nd to go over it with them. (These won't be approved by the BOS until later in the month.)

**PERSONNEL COMMITTEE:** Nothing to report.

**TOTAL QUALITY MANAGEMENT:** Nothing to report.

**ENVIRONMENTAL SERVICES:** Bob discussed his budget, he's expecting a decrease (under \$1000) in revenue's because of the economy in building related permits (well and septic), there is a new law taking effect July 1st that's going to require any property (for sale) that is served by a septic system to be inspected so he's expecting to have a few replacement systems which may fill the void, in expenditures he asked for a 5% cost of living adjustment as recommended by the Board, increased the vehicle fuel expenses by \$1000 because we now have 2 cars instead of one, however, will be decreasing the vehicle mileage reimbursement by \$4250, we had a decrease in the auditing and clerical line item of \$2000 which was in last year to have an outside agency come in and scan all of our documents so we could be upgraded into the county's data base, it hasn't materialized yet but it is going to be done, a slight increase in education and training due to the legislation mandating the inspection of properties, he has to take a special training course and be certified, that's a \$300 training fee, a \$50 testing fee and a \$300 certification fee that goes along with that, the biggest expense is to replace his vehicle this year, the lease is up the first of August so he's put a \$17,000

figure as an estimate to replace the vehicle with a late model one or two year old used vehicle with low miles of the same style, he checked into the buy out on the lease but with the change in the auto industry he can actually get a 2 year newer vehicle with less miles for less money, overall after you add in the supplemental expenditures (FICA and IPERS increases) you get a total increase of his budget was only \$16,768 which is almost just what we figured for a vehicle so without the vehicle we wouldn't be asking for an increase at all, it's a fairly lean budget for the year, he did propose to the BOS that they create a separate budget which would be like a capital improvement budget or a vehicle expense budget where we could fund that on a small amount annually so when it comes time to buy a vehicle we'd have a surplus in there, since it's a carry-over account the BOS would have to approve it first, the new auditor, Eric, is helping him to work out the details on that, there is an issue with it that makes it a little complicated, Eric and he felt it was a more responsible way to purchase vehicles, by having that account built up; some discussion on leasing vs. buying.

**GENESIS VNA & HOSPICE:** Michele said so far it's been a very light flu season, right now in Region 6 (Clinton, Scott, Jackson, Linn & Johnson Cos.) in 1/3 of the population there's only been 9 positive influenzas since the last week of recording, for their incentive (to get a \$1000 from the state we have to do something each year) this year we're getting ready to do the next community health assessment which will be due in 2010, we are suppose to look at our community resources, Clinton Co. already does this with the "Helping Hands" flyer, she knows the BOH members probably have the booklets (while handing them out) but this is just a little pocket guide to put in your purses or portfolio, what she was able to do for that incentive was just to make notations in what they sent and then say that she had used this and told how it was categorized, so for the Board minutes she has to mention that she did complete the incentive, now for the VNA part of the BOH budget and what they get from the IDPH, with the new Legislature going in they don't really know what they are going to give us for Public Health as for dollars but what they're thinking is a 6.5 decrease in funds, so they've been trying to gear up for that, looking at what programs they're offering, where they can cut and where to minimize, putting things back to bare bones, she thinks they'll be okay but her only concern would be with the economy (jobs lay offs, etc.) maybe people will be needing to use services more, she and Charleen have talked about some of the home health aide (HCA) funds that they have, when people are released from the hospital they assume that they are going to be able to stay in their homes, in order for them to do that they've found that the aide services are used more, someone to come in and help with their bath, help with their activities of daily living, so that is the one cost that she's concerned about needing most, with times like these there will be an increase in the need for that, another thing the IDPH is working on is their Standardization Act, they are trying to standardize the IDPH and they're working for accreditation, Iowa is one of twenty-one states that are starting to work on this, what Iowa is trying to do is get their Standards all written and get accredited before National Standards are written saying, "this is the way you're going to do it", there are some pilot counties working for local Accreditation, nothing is mandatory at this point but that will probably be one of the things she'll be looking at in the next year or two to see if we need to proceed that way to try and get accreditation too, she is on the Iowa State Workforce, seeing who's leaving public health, what's the draw to stay in public health and what brought people into public health, they've done some surveys on people who have left on why they left, their education levels, etc., then they are trying to come up with a State orientation for people going into public health, the next project they're working on is plain and simple health to literacy, in US billions of dollars spent annually is used to help people understand their health care and educate; some discussion on Type 1 diabetes in area schools.

**WOMEN'S HEALTH SERVICES:** No one here, Dr. Osaro asked if someone from Women's Health could try to be here more often, Vicki will send an email request.

**HILLCREST/WIC:** Nothing to report.

**CLINTON SCHOOLS:** Darlene said right now the Area Education Association is conducting their hearing screenings, they'll be at the High School this week, they test students with known loses and new students to the district, the Dept. of Education has mandated that every high school student be trained in CPR but they don't have to be certified, they'll be implementing that in the next school year, they have about 1/3 of the dental screenings returned to the high school and a little more at a couple of the elementaries, she's still not sure where they are going to go with that since only a dental hygienist can do those, she also mentioned the flu clinics did go well but one thing they need to change at the elementary level is the secretary announcing over the intercom the students that need to come to the office for their flu shots, otherwise it did go well; some discussion on doing this next year and expanding it; Darlene handed out an example of the dental screening sheet that has to be filled out; some discussion that every line has to be completed or it's void, also on having to get someone from another state (Illinois) to see Title XIX students for dental.

**MENTAL HEALTH/BRIGEVIEWS:** Nothing to report.

**EMPOWERMENT/DECAT:** Jenny said Katie McNamee and Hillcrest submitted grant requests to Empowerment called "Healthy Smiles" where they are going into at least ten pre-schools, do a training, teach the kids how to brush their teeth, this is a first year pilot, Empowerment Board will review the request, this will impact Clinton and Jackson Counties, once the request is reviewed hopefully they'll fund that request, they'll complete that project from March until June and then submit another request maybe to do the varnishing, and make it a two year project, she thanked Hillcrest and "nice mom's" for submitting that, dental care in the young children is a priority for Empowerment, she's been in touch with the EPSDT (Early Periodic Screening, Diagnosis and Treatment) team, Chris McClimon and the child care nurse consultant for Clinton and Jackson Counties talked about lead screening and immunization for the incoming kindergarten students, they'll be looking at either trying to fund some of that or make sure that they are available to the agencies that will impact those kids, she believes that lead screening is going to be mandatory and it hadn't been, Empowerment did take a 1.5% reduction in December and will take over a 6.5% reduction for the coming new fiscal year, this year it did not impact any of their programs, will do the best that we can with the funds that we have, she is a little bit worried about the pre-school scholarship dollars because as more public schools get the 4 year old volunteer pre-schoolers they see an increase in 3 and 5 year olds that are not ready to go to school, so although the volunteer pre-school for 4 year olds is wonderful, they support that Empowerment come forward, and the other side is they still need those pre-school scholarship dollars especially in this economy to support those 3 and 5 year olds, so they'll be looking at that legislatively, she thanked the Empowerment board members for what they do, they had a tough year and looking at another one but they'll focus on the dental screening and lead screening.

**COMMUNITY ACTION OF EASTERN IOWA/ CHORE:** Nothing to report.

**NEW DIRECTIONS:** Maribeth said she's been at New Directions for a little over a year, she served in her position as prevention specialist and mentor recruiter for the Clinton School District, her position is funded by a US Dept. of Education grant, mentoring has been happening in the Clinton School District since about 1992, it has consistently had about 100 matches every year, and the goal of this new grant is to increase that so they would have 50 new successful matches each school year, they're now in their second year, they got to 38 last year, she had a good start but now she's struggling for new places to go out in the community, she'd like to take this opportunity to ask please let her come to any group you have and do a presentation to talk about mentoring and the benefits that has for the child and for the community, it's a fantastic prevention tool, academic success goes hand in hand with mentoring, children seem to do better in class, are better behaved and have better grades in class, they do this in conjunction with the school district, New Directions offers training to the mentors, one of their Prevention Specialists, Connie Walton, does that, they also

have several prevention specialists who do facilitation of the programs at middle school level, there's group mentoring programs (Choices and Campus Pals) and Renee Schneider does facilitation for that program, a group of middle school students meet at Lyons Middle School on Tuesday afternoons after school and at Washington on Thursday afternoons, a group of mentors comes in and this group is focused at sixth graders to help them with that transition coming into the a new school (from elementary to middle school), it's a great program and a fantastic opportunity for a volunteer to get their feet wet in mentoring because you don't have to show up every single week, there's a group of adults there to fall back on.

**EMERGENCY MANAGEMENT:** Chance said he wasn't here at the December meeting because he and Michele were in Dubuque taking the EOC (Emergency Operations Course), coming up they are still meeting with the exercise design group, taking the Homeland Security Exercise Evaluation Program and trying to apply those principles to doing exercises, he didn't know whether Michele had touched on that or not, he told Charleen he appreciates her involvement in that, coming up on the 17th is the CCEPAP (Clinton County Emergency Planning & Preparedness) meeting at 10:00 at the Ericksen Center, he's planning on doing some fog based scenarios just to see how various individuals from various agencies would fit into an instant command structure if we did have a large scale event, they haven't done that with multiple partners before, it's usually just fire and police, trying to fit in other partners that would be needed in a large scale event, they have some instant command courses coming up in the next few months if anyone is interested; some discussion on these courses and how informing they are; Michele said there will be a Public Health Emergency drill on March 4th, will be dealing with the point of dispensing plans that they have in Clinton Co., these were reviewed at their last CCEPAP meeting.

**SUBSTANCE ABUSE COUNCIL:** Kristin said they have a new person in their office, Shannon Haskell, he used to work at Bridgeview, he's going to be focusing on underage drinking and marijuana, on March 12th the Drug Endangered Children State Alliance has chosen Clinton to host a regional training, it will be a free training out at the Wild Rose Casino that day, just contact her and she'll get you all the information on how to sign up for this, and April 14th is the day they'll have the Prescription Drug Conference here in Clinton also, it will be another free conference, the first half of the day (about 7:30 to 9:30) will be for prescribers, pharmacists, regulators and enforcers to deal with the actual prescription drug monitoring system, then from about 10:00 until about 5:00 that will be the main bulk of the day for anyone that may be abusing prescription drugs, that's professional-wise, then at night we're going to have a parent forum, they have speakers from the DEA, the DNE, and some IDPH people, they just want to keep raising that awareness and providing education in the community, they haven't sent out assignment sheets yet, they're still trying to figure out how to do the registration process, they are planning on doing "Clean Out Your Medicine Cabinet" again this year sometime in the fall (September), she'll keep them posted with updates on this.

Connie Sprimont came after New Business, she's a "Problem Gambling" counselor in Dubuque (Substance Abuse Training Center offering substance abuse and problem gambling service counseling), they serve nine counties for gambling treatment, then handed out flyer explaining what they do, they offer their services to those who need it as well as their family's or friends if wanted, she is the primary counselor, she helps them to understand what's going on in their brain when they are addicted and helping them find a healthy avenue to met their needs instead of gambling or other addictions, another program they have recently started is called distance treatment for those folks who would like treatment in Dubuque or Manchester rather than in their local area, can work with them on the phone or on a secure website, they also do mailings to them, their services are free, they only treat people in Iowa because of funding reasons; Dr. Osaro asked how bad gambling addiction is in Iowa and what the success rate on those treated vs. people going right back to gambling is; she said she attached a "Fact Sheet" to her handout, in her office they are seeing a lot more calls to the 1-800-BETSOFF line, with the rise in more casinos popping up that means there will

be more people chasing their loses, also mentioned that a lot of people go in there now because that's one of the places they can go to smoke in public, there's a certain portion of people who start thinking maybe they'll play a little bit but some become addicted instantly, some people CAN gamble responsibly, she does help folks to go with non-problem gambling plans if that's how we assess them (figure out what lines they've crossed already), gambling is called a silent disease, need to understand that it IS an addiction just like cocaine, they need treatment and need not hide it or be embarrassed about it, she does a lot of work helping them to "retrain their brain", people need the support of family and friends to do this; discussion on large number of senior citizens going to the casinos (for cheap meals, lose of a spouse, boredom, or enticements sent to them), a portion of those will end up with a gambling addiction, health problems from this addiction are probably huge; discussed casinos "ways" to make people addicted, percentage of people who really win vs. how much they loose, calls to "Bets Off" get redirected to area the caller is in, increase in business for them since casino started in Clinton; Connie said the Iowa Statewide & Lifetime Self Exclusion is a legal document the gambler signs with all their identifying information and picture, it's sent to the National Data Base, they are agreeing to allow authorities to arrest them if they are caught in a gambling facility, it's a trespassing charge, when the ban first goes into affect their picture is put up on a bulletin board and then it's put into a book to keep the staff informed, if they aren't caught and win money, they can't keep it, they'd even loose in court, then this money goes to programs like hers.

**NEW BUSINESS:** Charleen announced that the BOS have appointed Dr. Osaro as our new Medical Officer for Clinton County Board of Health; Jean said she was listening to the something last night about the Victory Center, she asked is this county in any way geared to deal with the increase of homeless people, what are we going to do; some discussion on this, Jean's had people in the emergency room she couldn't find any place for them, also she took another person to their home and it was behind the band shell in the park, just want you to know this IS a problem and is only going to get worse.

**OLD BUSINESS:** Nothing to report.

**BOARD OF SUPERVISORS:** Charleen introduced new BOS, John Staszewski; he said he'd be here for these meetings.

**OTHER:** There was no other business to discuss so the next meeting date was set for April 9, 2009, at the Administration Building, Supervisor's Room "B" at 7:30 a.m.

Dr. Osaro moved to adjourn the meeting; Dr. Speer seconded the motion; all members present were in favor; motion carried.

Meeting ended at 8:40 a.m.