

**CLINTON COUNTY BOARD OF HEALTH
CLINTON COUNTY HEALTH DEPARTMENT
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**MINUTES
BOARD OF HEALTH MEETING
NOVEMBER 19, 2009
CLINTON COUNTY ADMINISTRATION BUILDING
BOARD OF SUPERVISOR'S ROOM "B"
CLINTON, IOWA**

Members Present: Charleen Smith, Dr. Speer, Dr. Malcom, Jean Morgan, Dr. Osaro

Others Present: Jenny Kreiter, Mary Lou Hinrichsen, Michele Cullen, Cari Spear, Stephanie Trusty, Maribeth Bousman, Darlene Fox, Connie Sprimont

Board of Health Chairperson, Charleen Smith, called the meeting to order at 7:33 a.m., all members were present.

Approval of minutes for September 24, 2009, meeting; Dr. Malcom moved to accept the minutes; Dr. Speer seconded the motion; all members were in favor; motion carried.

FINANCE COMMITTEE: Nothing to report.

PERSONNEL COMMITTEE: Charleen said Bob isn't here today but he wanted the BOH to take formal action to approve his position classification as "Director of Environmental Services for the Clinton County Health Dept.", this is needed for the Dept. Heads Health Benefits Plan; Dr. Malcom moved to approve this; Dr. Speer seconded the motion; all members were in favor; motion carried.

TOTAL QUALITY MANAGEMENT: Nothing to report.

ENVIRONMENTAL SERVICES: Charleen said that the State sent Bob an amended GTC grant with the original full amount given to us, so now we need to approve the Amendment to the GTC grant and then rescind the amounts we had approved at our last meeting for the well rehab, well closing and cisterns and restore them to \$400 for well closing, \$600 for well rehab and \$300 for cisterns; Dr. Malcom moved to approve the newest grant; Dr. Speer seconded the motion; all members were in favor; motion carried. Dr. Malcom moved to restore the amounts to be paid to \$400 for well closings, \$600 for well rehab and \$300 for cisterns; Dr. Speer seconded the motion; all members were in favor; motion carried. Charleen said Bob also wanted us to be aware of the fact that the Elvira septic project is being stalled and the State wants this to be done but the agency (EIRUSS) who is responsible for this is working on other projects that they feel are more important than this, so she's asked Vicki to draft a letter to Jill Davisson, who is on this committee, and request that she inform that board that Clinton County BOH and the State are trying to get this project moving, that it is necessary and should NOT be put at the bottom of the list, the BOH is asking for her help to promote this.

GENESIS VNA & HOSPICE: Michele discussed Healthy Lifestyles Coalition, they are proceeding with part of the grant from Wellmark was a social marketing campaign to highlight the physical activity programs in Clinton County, now we have an intern to research what opportunities there are, several years ago they had a brochure with places like the Ys and in other towns, now they want to dig deeper with places like the Conservation Board who offer lots of activities, their target date for that is May, would like to have it ready to go for the families for the summer activities, they also have someone coming to their meeting tomorrow to talk about Facebook and Twitter, trying to get into the 21st Century with that information, discussed communicable diseases, had 2 pertussis investigations and were right on top of that, H1N1 vaccine supply is starting to come more quickly and they're meeting the targeted areas that the CDC has provided, opened it up to 6 mos. to 64 yrs. for all the chronic illnesses and to healthy children/young adults from 4 yrs. to 24 yrs., at their last clinic they had 650, have these clinics down to a science now because they put them through in an hour and a half, they have 2 more clinics on the 1st (Clinton) and 3rd (DeWitt) of December, want to put more emphasis on getting the healthy children in, most doctors offices have it now and after this they will leave it to the dr. offices, on seasonal flu they got their first batch of 2500 doses in September, went through them in 10 days and then the 2nd half of order was delayed and waiting on that yet, their Community Health Assessment will be done the first part of next year; some discussion on the H1N1 cases that were confirmed cases are few, population of seniors over 65 not getting their regular flu shots vs. not needing the H1N1 because they will have some immunity to it; Dr. Osaro said he's giving it to those who qualify that come in rather than keeping it to wait for those who do but don't come in.

WOMEN'S HEALTH SERVICES: Nothing to report.

CLINTON SCHOOLS: Darlene said, in reference to the Healthy Lifestyles that Michele talked about, their school nurses are providing nutrition education for the students before school starts, most of them are the elementary, their absentee rate is down district wide, they averaged at the peak 10%, a had lot of fever and coughs.

MENTAL HEALTH/BRIGEVUE: Nothing to report.

EMPOWERMENT/DECAT: Jenny wanted to update the BOH on how the State budget cuts have affected Clinton & Jackson Counties on their efforts with early childhood, 10% was cut from the school ready funds which equated to \$74,000 out of their budget and 7% out of the early childhood funds (\$14,000), at this point they haven't had to cut any providers, Empowerment serves children from ages 0 to 5 and they provide health & education opportunities, social and emotional opportunities through programs like the Hopes Program, home visitation, providing a childcare nurse consultant who goes into the pre-schools and day care centers to make sure kids are safe, then with the H1N1 positioning the cots and crib as they sleep, used to be lined up but now are around the room, we still lack adequate dental care in this area and see that as a major barrier to good health for kids, with the economy today for Iowa more children are going hungry in Clinton and Jackson Cos., more families are signing up for food stamps, and those numbers won't come out until May, she just wants you to keep this in mind as we go into the winter months, in Iowa a child is abused or neglected every 36 minutes, in Iowa a child is born into poverty once every hour, in Iowa a child dies before it gets it's first birthday every two days, in Iowa a teen or child is killed by gun fire every two weeks, the number of poor children living in Iowa today is at 13.6%, (94,000), the number of children living in Iowa in extreme poverty is 5.8% (40,000), the number of adults & children receiving cash assistance or temporary assistance for a needy family which is \$300 in Iowa is 39,000 and the maximum cash is \$426 for a family of three, the number of children in Iowa receiving food stamps is 105,000 and the percent of eligible persons who receive food stamps is at 66% as of May 2008, so May of 2009 will look very different because there has been much more economic stress, in Iowa the number of children in the school lunch program is 392,000 and for the summer food service program

is 8,000 and as we go into the holidays and we're looking at the summer and as the economy rebounds we're going to have more children who over the holidays won't have access to school lunch programs so this will be tough for them, our food pantries will get more depleted and in Clinton and Jackson Co. we have cities who don't have food pantries, churches and schools will become the main stays for helping these people, as you are advocates for children tax payer dollars are much more effective when you use them on children preventatively and proactively, so as they cut budgets, lots of programs that are providers to women and children, you can't make that up when there is 18 months of lack of funding where we limit food stamps, our WIC clinics can't function at the level that they were, our homeless shelters are full, transitional housing is full, you can't make that up, if you have consistent funding, or a level of funding where people can function and we all have to take a cut she understands that, prevention for children pays you back and always pays you forward, because you are investing dollars in young children 0-5, allowing them access to preschool, access to healthcare, dental care, and school ready activities, she hopes that you speak as an advocate for the children to the people who make these decisions about where the money goes, and as we go into Legislative session we hope you speak to the four quadrants that affect our children, which is health, education, social/emotional growth, and under health are issues of mental health and access to those services, she just wanted to put a plug in that you're the voice and advocate for kids in Clinton County and let them know that we still need the funds to function minimally for the kids in our area; discussion on all this.

COMMUNITY ACTION OF EASTERN IOWA/ CHORE: Nothing to report.

NEW DIRECTIONS: Maribeth said today is GASO (Great American Smoke Out), they are a community partner with IDPH and if you can't get this information please contact her and they'll deliver it to your door, she said she's a prevention specialist while she was handing out quit-line flyers (card has quit line number), if Iowans call this toll free number they can access free tobacco cessation services, there's phone counseling and they can get 2 weeks free nicotine replacement therapy, increases in tobacco taxes and the smoke free air act is helping to get people to stop smoking, before the smoke free air act was implemented only 14% of adults were smoking in Iowa, now because of that act you'd see people smoking outside of bars & restaurants instead of being inside, youth 17 and under are 22% smokers, their agency is facilitator for the "free and easy coalition" which is a tobacco coalition for Clinton & Jackson Cos., their facilitator wanted her to share with you two of their new objectives in their work plan for this year are to investigate implementing smoke free parks in the City of Clinton, assessing the readiness of that right now, and they also are making sure there are including the gay and lesbian, bisexual and transsexual population into their coalitions and services, right now they are targeting youth making sure that that group is not excluded or made to feel like can participate in any of these services, they have a JEL chapter at Clinton High, Camanche and just started a new chapter in Jackson Co., it's all youth driven and they decide what is going to be in those commercials, she's hoping they can drop that number down from the 22% youth using tobacco, unfortunately in rural areas they are seeing more and more that chewing tobacco is being used more than cigarettes even by girls, the coalition also did 5 community quit clinics in the City of Clinton as a celebration of GASO, 18 community members attended these, it's just a one hour free clinic trying to prepare you to get ready to quit, and it just depends on different resources we have and the interest of the people who participated we could go on to do cessation classes, just need the resources; lots of discussion on all this and "Snuffs" a powder tobacco in a little packet so ideally you don't even have to spit and other aspects of catering their ads to the youth, favors etc.

EMERGENCY MANAGEMENT: Michele said that CCPAP continues, Chance & Jennifer have been helping with their clinics, and he would probably give you a siren update if he was here; Charleen discussed how she liked the NIMS City and it's really thought it's quit a program; Michele explained what it is, the National Incidence Management Systems that supervisors or any public

officials, anybody that would be in the lead position in a public emergency needs to be NIMS certified, and there's 100, 200, 700 and all different kinds of courses that teach you about incidence commands and the proper way in any type of emergency whether its a national disaster or a national health event, what Region 6 and Clinton County have brought is called NIMS City and it's a City on a mat and you have all you characters (buildings, police, firemen, health care workers, etc.) and play out the scenario of a different disasters to actually visualize what you'd do in a disaster, so this is another way of making this more real, a lot of industries in the area are doing this; discussion on this, Jennifer will sent disc to Vicki on this who will copy and send to BOH members.

OLD BUSINESS: Nothing to report.

NEW BUSINESS: Cari Spear, Maternal Child Health Director at Visiting Nurse Service in Des Moines, they are assisting Clinton and Jackson County with the Title V Grant (Well Child Grant), they provide those services as well as ISMILE as well, she's a pediatric nurse, and they have set up informing and reinforcing for children and families are eligible for Medicaid, there's a 800# people can call for access to services, a lot of the services are going to stay the same with just a different name over the top, ISMILE is provided by Katie McAvee who's done this before, she has said that getting dentists to agree to take new Medicaid patients in Clinton County is still a huge issue, there's one dentist in Clinton, Dr. Randall Schmidt, who's accepting Medicaid patients but only ages 3 to 18, one dentist in DeWitt was accepting them but stopped as of Sept. 1st, dental screening and fluoride varnishes are provided at WIC two days a month in Clinton and one day a month in DeWitt, they are also provided at all the Head Start sites in Clinton during Nov. and then again in May, school dental screening went into affect in the 2008/2009 school year, this states that all children entering kindergarten through ninth and out-of-state transfers must have a current dental screening on file with the schools, this year the have to use the IDPH certificate of dental screening and there will be an audit to make sure that's being done, Katie worked last year with others to organize "give kids a smile day" in Clinton and they helped 31 children receive an estimated \$24,000 worth of dental care, and the "give kids a smile day 2010" is scheduled for Feb. 5th, one thing Katie stressed is how much kids need these services, they are also learning about our community and would leave the 50 question survey that mothers fill out in the hospital prior to discharge after having a baby, it has a lot of demographic information, socio-economic indicators, education, income, smoking, breastfeeding, signs of post par tem depression, helps us to learn about your community and what we need to provide, and those out.

Stephanie Trusty said her purpose for being there is if anyone had questions about how Des Moines came to be the contractor for MCH in Clinton County, Hillcrest declined to continue doing the Maternal Child Health services in Clinton County and informed IDPH that they didn't intend to reapply for the last year of a five year project, first the tried to find a county around Clinton County but they all felt they were already at capacity with the counties they were currently providing care in, so the department then issued a request for information to the other MCH contractors throughout the entire state and VNA of Des Moines was the only one who showed any interest in coming to the table and serving Clinton County, as this is the last year of the five year project period there will be a competitive grant for the entire state for MCH services the date when the grant will be released hasn't been announced yet but based on past history it will probably be in Feb.; Jenny stated that the Empowerment purchases services for child care nurse consultant so she would hope as holder of the contract that the lapse in services, Jackson as one of the poorest counties in Iowa and Clinton obviously has their issue also but when they had that lapse in services she hopes they stay in touch with them, because they've invested over a \$100,000 of state ballots securing our child care nursing so the fear of not having a home or losing it is very real to us, and then the Empowerment board has invested \$6100 for the ISMILE coordinator to go into the local area preschools and provide education, she would hope that someone would encourage them to continue that, they got to impact so many kids, for the \$6100 that Empowerment invested in Clinton and Jackson Counties they got a great

return; Stephanie said as a final comment VNA of Des Moines is the contractor for Clinton County through Sept. 30, 2010, starting Oct. 1, 2010 it will be whoever successfully writes to that grant and receives the new contract; Michele added that Chris McClimon has been subcontracted under the Child Health grant so she goes into the WIC clinics and does the screening, immunizations, lead testing, and there was no break in her services because when the contract broke she also had immunization money that she could go and do those services in dual, we're looking at one other nurse who has some maternal health past so she's going to try to subcontract also, so that's in the works and hopefully they can get her up and running shortly.

Connie Sprimont spoke on behalf of SASC (Substance Abuse Service Center) of Dubuque, she is in charge of Clinton and Jackson Counties, they have a 24-hour crisis hotline for gamblers, they have a gambling treatment program with an 800 number for people who want their help and can call from anywhere, there are in charge of the "Quit Line Iowa" and the 1-800-BETSOFF refers people to her, she handed out pamphlets and said she's trying to do better on getting the word out.

BOARD OF SUPERVISORS: Nothing to report.

OTHER: There was no other business to discuss so the next meeting date was set for January 14, 2009, at the Administration Building, Supervisor's Room "B" at 7:30 a.m.

Jean moved to adjourn the meeting; Dr. Osaro seconded the motion; all members were in favor; motion carried.

Meeting ended at 8:45 a.m.