

Minutes-January 10, 2008

Members Present: Dr. Osaro, Charleen Smith, Dr. Speer

Members Absent: Dr. York and Jean Morgan

Others Present: Grant Wilke, Bob Summers, Michele Cullen, Pat Retzl, Jennifer Gerdes, Diane Martens, Karen Lueders, Mary Lou Hinrichsen, Chance Kness, Dar Fox

Board of Health Chairperson, Charleen Smith, called the meeting to order at 7:30 a.m.

Approval of minutes for November 15, 2008, meeting; Dr. Osaro moved to accept the minutes; Dr. Speer seconded the motion; all members present were in favor; motion carried.

FINANCE COMMITTEE: Will do budget for BOH after all budgets have been reported on.

PERSONNEL COMMITTEE: Charleen said they should elect a chairperson now; Dr. Speer said he thought they should keep their present leadership (Charleen as Chair); Charleen asked if he'd stay as Vice-Chair; he agreed to; Dr. Osaro motioned to keep the same officers; Dr. Speer seconded the motion; all members present were in favor; motion carried; Charleen said she would like to keep everyone on the same committees also; Dr. Speer and Dr. Osaro agreed to that.

TOTAL QUALITY MANAGEMENT: Nothing to report.

ENVIRONMENTAL SERVICES: Bob discussed his budget referring to the summary he'd sent the BOH members starting with expenditures, revenues are expected to have an increase of \$14,000 due to food licenses increased charges, the state raised them 35% this year, increased the expenditures for vehicle fuels and postage \$550 for both together due to higher prices, increased telephone expenses to include the cost of wireless internet, will use Verizon for the wireless connection since they are the only company offering it right now in this area (possibly \$50 per month), we might be able to get a government discount on the cost of this, the state is adapting a web data base for wells, water samples, etc., we will have to incorporate all of our data for wastewater/septic systems into that data base, then he will be able to get information from it when he's out in the field whenever he needs it, discussed getting all the well and septic cards scanned by a private company to be able to put that old information into any of the new data bases or Retrieval ware, the Zoning department will participate in this also so that will help with the cost, the cards will be scanned and put on CDs (estimated cost at \$2500); some discussion on all this; Bob said he's figuring the salary increases at 4%, we're still selling radon test kits even though we won't have a grant for that any more, total increase in expenses will be about \$11,500; Dr. Osaro moved to accept the sanitarian's budget; Dr. Speer seconded the motion; all members present were in favor; motion carried.

GENESIS VNA & HOSPICE: Michele said the Healthy Lifestyles Coalition is participating in Lighten Up Iowa and they are also encouraging Clinton County schools to participate in Go the Distance Day, that's April 29th in Clinton County, Clinton High will do it then and Northeast will do it on May 1st, they're hoping they will get a little media coverage on that too, another committee they've been working on is the At Risk Pregnancy Committee, the project is funded by the Rotary, each new baby born at Mercy Hospital receives a book, immunization audits are done at all the schools and pre-schools, etc., flu shots are wrapping up, they've given 2400 immunizations in Clinton County, in January they are participating with the Gateway Free Clinic providing flu vaccinations there for free, she also explained that Chore funds do come from the State funds for the LPHSC and comes under the heading of the HCA grant money so they would need no additional money for CHORE; Dr. Osaro moved to okay the VNA budget; Dr. York seconded the motion; all members present were in favor; motion carried.

WOMEN'S HEALTH SERVICES: Syl Manlove couldn't be at this meeting but sent a letter of request to the BOH for their FY'09 asking if they could receive \$3000 in that fiscal year for the HIV program; Dr. Osaro moved to put this in the BOH budget; Dr. Speer seconded the motion; all members present were in favor; motion carried.

EMPOWERMENT/DECAT: Diane handed out flyers to BOH, she said the Clinton/Jackson Empowerment gets funding and they have forums in each county to get insights into where they should use this money, in January the Early Childhood Team is going to get together and look at community data from the two counties and try to simplify

that and take it to the quorum in February, and then from there in March they will have a Board Retreat where they will make the decisions on what things they want to fund.

HILLCREST/WIC: Cindy handed out a report on the WIC services for the past year, numbers have stayed level, goal for this year is to try to increase their outreach, they know a lot of people out there could use this program and that's why it's disappointing that these people are not being sent to them by DHS and others who should be putting them in touch with WIC; Charleen commented on the article in the paper on breast feeding babies, if it's done for 3 months it decreases their chances of having asthma; Cindy discussed the no show rates which are way too high, they only need to come into the office four times a year, her office calls these people the day before the appointment, when they miss an appointment they send out letters and make two courtesy phone calls; some discussion here on no shows and getting the word out on what all WIC does; Cindy said information the women are receiving from other agencies telling them they can't get WIC until the infant is born is not correct, they can start receiving WIC as soon as they find out they are pregnant, these women fill out applications at DHS and on it they can mark what programs they want to participate in, then we've had people tell us they've marked WIC but those forms aren't coming to us so that we can contact the women, she knows the State WIC office every year does a mass mailing to all DHS offices on the WIC program and provide them with information so she doesn't know why these aren't getting to people who need this information, that's one of their office's goals is to go to every DHS office in their service area and have a talk with them at a staff meeting so they know that it's important for them to get this message out, their nutrition goal was to work on obesity, they had to go to a training on some nutrition modules, they incorporated those into their education, so over this past year they tried to include some of those education modules through certification, group education, newsletters, bulletin boards, etc., their breastfeeding goal was to survey women and find out if they were going to continue breastfeeding when they return to work, and how supportive they felt their employer was about it when they returned to work, she also included what their goals for the next year are, their nutrition goal is nutrition literacy, WIC program does participate in literacy by book, nutrition type books about fruits and vegetables, salads, things like that, what they want to do is teach the parents the importance of reading to their child and how they can incorporate nutrition messages by reading these books to the children, right now they're focusing on two year olds, might do this each year and get to every age group from 1 to 5, their breastfeeding goal is surveying women at first to get some data and find out why they say they are going to do it and then return and say the didn't do it or started and then quit, they're working with their lactation consultants in their area to devise a survey so this will give us some idea why they are not following through on their intent to breastfeed; some discussion on this and the lack of money to market breastfeeding like the formula companies do.

CLINTON SCHOOLS: Dar said she encouraged all the Clinton district schools to actively participate in "Go the Distance Day" April 29th, the epilepsy foundation has opened an office in Des Moines and has a new coordinator who has offered services throughout the State of Iowa, she was here this week to train their bus drivers on monitoring seizures and dealing with that on the bus, they have had an increase incidence of students with seizure activity, and there are always concerns about when they leave the school building and their safety, the district purchased three vision screening machines this year, they were about \$1900 for each machine, she wanted to comment about WIC, they have 15 students at the high school who have reported to her that they are pregnant, she tells them about WIC and tries to follow up with that also.

MENTAL HEALTH/BRIGVIEW: Nothing to report.

COMMUNITY ACTION OF EASTERN IOWA/ CHORE: Karen Lueders discussed getting an extra \$1000 for CHORE, they knew that CHORE is part of the VNA's LPHSC grant but sometimes they need more service due to the weather, and if it doesn't get used then they can always use the money to reach more people who need service; Dr. Speer moved to give CHORE the \$1000; Dr. Osaro seconded the motion; all members present were in favor; motion carried.

NEW DIRECTIONS: Jennifer thanked the BOH for their help in sponsoring her to go to the National Tobacco Conference in Minneapolis in October, she's working on a report that she's going to submit to each entity that helped her with sponsorship because she'd really like you to know what all was involved in that conference, we applied for two JEL (Just Eliminate Lies) grants, it's the youth led statewide tobacco program, the goal of that program is to bring awareness to kids on why they shouldn't start using tobacco and if they do we to have the help and resources to help them to quit, they applied for two grants, one for Clinton Schools and one for Camanche Schools, she can go into the schools and make a pull out group from SADD (Students Against Destructive Decisions) and having this particular group focus just on tobacco, both grants were written for \$4000 and we found out just two weeks ago that we did receive both, we also are going to start incorporating (instead of a JEL for 9th Graders or older) a new program called YEL (Youth Eliminating Lies for 6th, 7th and 8th graders), statistics have shown that in Clinton County we need to start tobacco education in the middle schools, that's going to start this year, 5 counties have converged to form the "Breath

Easy Tobacco Coalition”, they have a web site at breatheasycoalition.com or you can Google tobacco coalitions, she’s on the task force for Mercy Medical Center, that is going to have go tobacco free campus wide, we have set a date for that on July 1, 2008, we put together a task force and the first meeting for that is next Wednesday the 16th, we’re doing a six month time line to show what we need to do month to month, she helped Jackson County with their campus transition, state of Illinois has no smoking in public buildings effective 1/1/08, Iowa is not far behind.

EMERGENCY MANAGEMENT: Chance said he’s going to Iowa City this afternoon for the public assistance portion of the December 11th ice storm that was residentially declared last Friday, it was state declared before that and there is individual assistance available to the state, the Federal assistance is going to be only public assistance, on health related issues he has a foreign animal disease table top exercise on the 6th of February and he’s not certain if he’ll be able to do that or not, he’s having difficulty finding livestock production individuals and veterinarians to participate in that and the key to that specific training is getting representatives from those groups, he’d appreciate any help you can give in finding them (he’d already talked to Dr. Speer but the suggestions he gave him fell through); Dr. Speer told him they’d talk again after the meeting.

After all reports were in the Board voted on the entire BOH budget; Dr. Osaro moved to approve the BOH budget; Dr. Speer seconded the motion; all members present were in favor; motion carried.

NEW BUSINESS: Nothing to report.

OLD BUSINESS: Nothing to report.

BOARD OF SUPERVISORS: Grant said he is not running for re-election, so this will be his last year as Supervisor, three of the four bargaining units are waiting to be ratified, he discussed “turnover folders” because there are always people moving, transferring or not coming in that day, this folder is important in case a person isn’t there to do their job, it’s a real helpful tool, he has one for whoever takes over his job, you need to think of the person who is going to replace you, then he asked Cindy (from WIC) when people come there (to WIC clinic) and you give them a voucher how long is the voucher good for; Cindy said they get new vouchers every 30 days at their office; Grant then asked if they can tie the voucher with the appointment; Cindy said they have a scheduled appointment whenever they pick up their voucher, they have to have four nutrition contacts a year with the dietician, one of the biggest purposes of the program is nutrition education, once they’ve met that appointment then they get their vouchers for the next three months; some discussion on this and enabling people to depend on these programs, and the fact that it’s for the poor who can’t afford these services and they still don’t show up for their appointments to get them; Dr. Osaro said also the way the poor move so often and keeping up with where they are; Grant also mentioned that they provide a room at the courthouse for moms who do breastfeeding, he also asked Karen about the CHORE grant and how the people find out about this service; Karen said they come in for other programs like energy assistance and they also try to go into the community and get the word out too; then a discussion on people preying on the elderly and programs that are a help to them.

OTHER: There was no other business to discuss so the next meeting date was set for March 6, 2008, at the Administration Building, Supervisor’s Room “B” at 7:30 a.m.

Dr. Osaro moved to adjourn the meeting; Dr. Speer seconded the motion; all members present were in favor; motion carried.

Meeting ended at 8:30 a.m.