

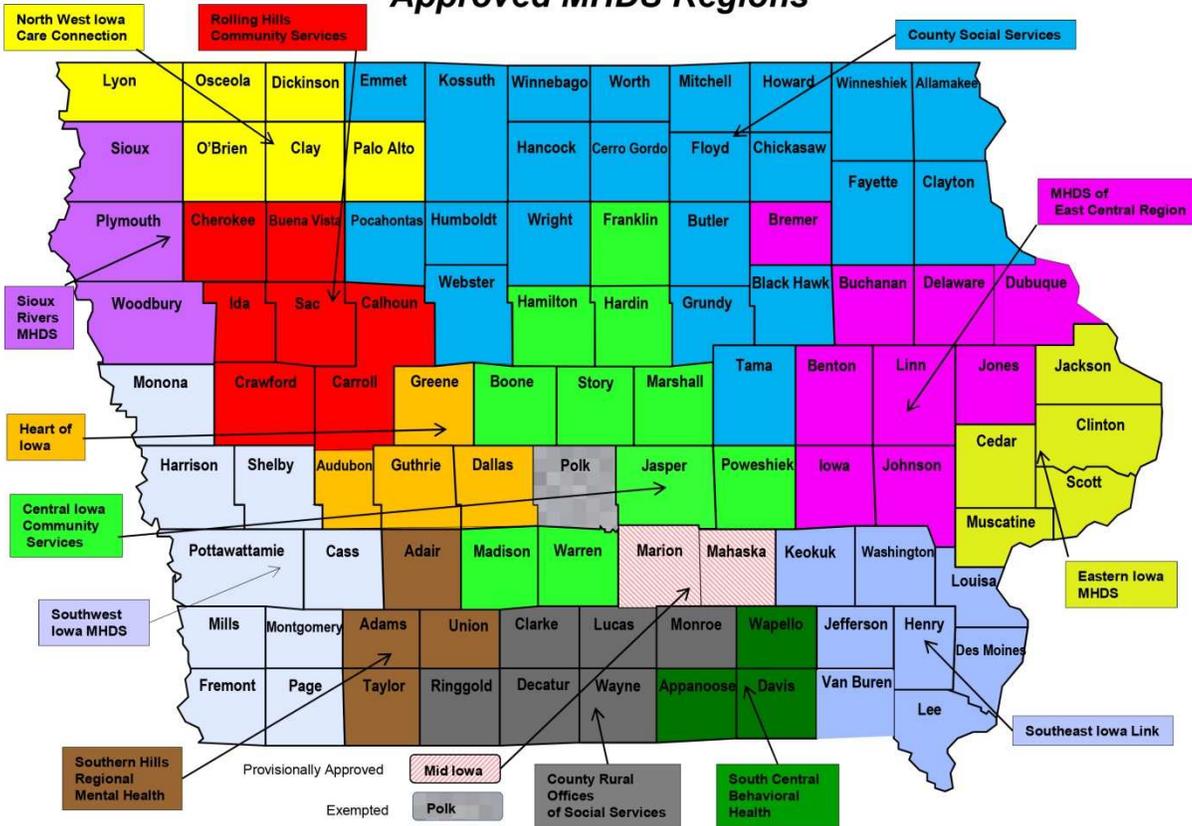
Mental Health and Disability Services (MHDS) Region Quick Reference Guide
Version 2015.07.24

Created by:



www.ocaiaowa.org 855-OCA-IOWA

Approved MHDS Regions



January 1, 2015

The Department of Human Services (DHS) website for Mental Health and Disability Services (MHDS) Regions

<https://dhs.iowa.gov/mhds-providers/providers-regions/regions>

This website contains:

- CEO information
- Disability Coordinator information for each county

Facts about the regions:

- Adult and Family Peer Support are required core services for every region
- All meetings are open to the public
- There is a public comment portion for each meeting
- Contact the CEO or other designated contact to be added to email distribution list for the region

Regional Information

This content is subject to change. Contact the regional CEO or the DHS website for updated information.

Central Iowa Community Services

Includes the following counties: Boone, Franklin, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Warren

CEO:

Jody Eaton

jody.eaton@cicsmhds.org

641-791- 2304 #3

Website:

<https://cicsmhds-public.sharepoint.com/>

Meeting Agenda, Annual Service & Budget Plan, Plan Policies, Meeting Minutes

Meeting Information:

The Governing Board meetings are scheduled for the 4th Thursday of the month at the Public meeting room of the Story County Administrative Building at 900 6th Street in Nevada. To be added to the distribution list for meeting agendas contact Linn.Adams@cicsmhds.org

The Regional Advisory Board meets quarterly in March, June, September and December on the 2nd Tuesday at 1:30 pm at the Story County Department of Human Services and Community Services building at 126 South Kellogg Street in Ames. To be added to the distribution list for meeting agendas contact Karla.Webb@cicsmhds.org

County Rural Offices of Social Services (CROSS)

Includes the following counties: Clarke, Decatur, Lucas, Monroe, Ringgold, Wayne

CEO:

Kathy Lerma

deccpc@grm.net

641- 330-0455

Website:

<http://crossmentalhealth.org/>

Meeting Information:

County Social Services (CSS)

Includes the following counties: Allamakee, Black Hawk, Butler, Cerro Gordo, Clayton, Chickasaw, Emmet, Fayette, Floyd, Grundy, Hancock, Howard, Humboldt, Kossuth, Mitchell, Pocahontas, Tama Webster, Winnebago, Winneshiek, Wright, Worth

CEO:

Bob Lincoln

blincoln@countysocialservices.org

641- 330-0455

Website:

<https://www.countysocialservices.org/>

Meeting Information:

The Governing Board meeting is held on the 4th Wednesday of the month at a rotating location.

Eastern Iowa MHDS Region

Includes the following counties: Cedar, Clinton, Jackson, Muscatine, Scott

CEO:

Lynn Bopes

lbopes@co.jackson.ia.us

563-652-4246

Website:

A website is being developed.

Meeting Information:

The Governing Board usually meets the third Monday of the month, at 3pm in the first floor Board Room in the Scott County Administration Building at 600 West 4th Street in Davenport.

The Region's Advisory Committee does not meet as regularly. The next meeting is scheduled for Wednesday, August 4 at 4pm and will meet in Room 605 in the Scott County Administration Building.

Heart of Iowa Community Services Region

Includes the following counties: Audubon, Dallas, Greene, Guthrie

CEO:

Darci Alt

darci.alt@co.dallas.ia.us

515- 993-5869

Website:

A website is being developed.

Meeting Information:

The Governing Board meets on the 3rd Monday of the month at 1 pm at the Guthrie County Courthouse at 200 N 5th St in Guthrie Center.

The Advisory Board does not meet every month, but when it does it is prior to the Governing Board meeting.

Mental Health/Disability Services of the East Central Region (MHDS-ECR)

Includes the following counties: Bremer, Buchanan, Delaware, Dubuque, Benton, Linn, Jones, Iowa, Johnson

CEO:

Mechelle Dhondt

Mechelle.Dhondt@linncounty.org

319-892- 5670

Website:

<http://www.ecriowa.us/>

www.iowaHelpline.org - Text, Chat, Call, warm line and crisis stabilization, forms, meeting info.

Email czander@co.benton.ia.us to be added to the distribution list.

Meeting Information:

On the 1st Thursday of the month:

Peer Support Sub-committee 10 – 11 am

Advisory Committee 11:30 am – 1 pm

Governing Board 1:30 – 3:30 pm

All meetings are held in the basement conference rooms of the Jean Oxley Public Service Center, 935 2nd Street SW in Cedar Rapids.

Mid-Iowa Behavioral Health Region

Includes the following counties: Mahaska, Marion

CEO:

Julie Bak

jbak@co.marion.ia.us

641- 828-8149 x101

Website:

http://www.mahaskacounty.org/community_services/

Meeting Information:

The Governance Board meets monthly and the meeting time and date varies.

The Advisory Committee meets on the 3rd Tuesday of the month at 10 am.

Both meetings are at the Marion County Public Health office at 2003 North Lincoln Street in Knoxville.

Northwest Iowa Care Connections

Includes the following counties: Clay, Dickinson, Lyon, O'Brien, Osceola, Palo Alto

CEO:

Kim Wilson

kwilson@co.clay.ia.us

712-262-9438

Website:

Meeting Information:

The Governance Board meets the 3rd Friday of the month at the O'Brien County Courthouse at 155 South Hayes Avenue in Primghar.

The Advisory Board meets quarterly on the 4th Wednesday of the month in January, April, August and October.

Polk County Health Services

Includes the following county: Polk

CEO:

Karen Walters Crammond

K.Walters-Crammond@PCHSIA.org

515-243-0867

Website:

<https://www.polkcountyiowa.gov/HealthServices>

Meeting Information:

The Polk County Health Services Board meets monthly and this meeting serves as both the Governance Board and the Advisory Board. All meetings are on the 2nd Wednesday of the month at the Polk County Health Services offices at Riverview Plaza at 2309 Euclid Avenue in Des Moines.

Rolling Hills Community Services Region

Includes the following counties: Buena Vista, Calhoun, Carroll, Cherokee, Crawford, Ida, Sac

CEO:

Dawn Mentzer

dmentzer@co.buena-vista.ia.us

712- 749-2556

Website:

http://www.bvcountyiowa.com/index.php/rolling_hills_community_services_region/

Meeting Information:

The Governance Board has been meeting at Sac County Support Services at 1710 W Main Street in Sac City.

There is also an Advisory Board, Jail Diversion Task Force, Crisis Stabilization \ Pre-screening Task Force and Peer\Family Support Task Force that meet on a regular basis. Visit the website to get meeting information.

Sioux Rivers Mental Health and Disabilities Services

Includes the following counties: Plymouth, Sioux, Woodbury

CEO:

Shane Walter

shanew@siouxcounty.org

712- 737-2999

Website:

<http://www.siouxrivers.com/>

Meeting Information:

The Governance Board meeting on the 4th Thursday of the month at 1:30 pm at the Plymouth County Courthouse Annex at 215 4th Avenue SE in Le Mars.

The Advisory Boards meets regularly but there is not a specific day of the month.

South Central Behavioral Health Region

Includes the following counties: Appanoose, Davis, Wapello

CEO:

Jennifer Vitko

jvitko@wapellocounty.org

641- 683-4576

Meeting Information:

<http://wapellocounty.org/departments/central-point-of-coordination/south-central-behavioral-health-region/>

Website:

The Governing Board typical meets on the 4th Thursday of the month at 9 am and the location rotates between Appanoose, Davis and Wapello Counties.

The Advisory Committee meetings are held on the 2nd Thursday of the month at 1 pm and are normally at the Davis County Hospital at 509 N Madison Street in Bloomfield.

Southeast Iowa Link (SEIL)

Includes the following counties: Des Moines, Henry, Jefferson, Lee, Louisa, Keokuk, Van Buren, Washington

CEO:

Ryanne Wood

rwood@LeeCounty.org

319-524- 1052

Website:

A website is being developed.

Meeting Information:

The Governing Board meeting is held on the 2nd Wednesday of the month at 10 am.

The Advisory Board meeting is held on the 2nd Wednesday of the month at 8:30 am.

There is also a Change Agent group working on strategic planning which meets in the afternoon of the 2nd Wednesday of the month.

Meetings are held at the Henry County Emergency Management building at 900 West Washington Street in Mount Pleasant.

To join the Advisory Board email distribution list contact Marjorie Gerber at MGerb@firstresources.us.
To join the Change Agent email distribution list contact Pat Colthurst at patcolthurst@louisacomm.net .

Southern Hills Regional Mental Health

Includes the following counties: Adair, Adams, Taylor, Union

CEO:

Lori Nosekabel

lnosekabel@aol.com

712- 527-2337

Website:

Meeting Information:

Southwest Iowa MHDS Region

Includes the following counties: Cass, Fremont, Harrison, Mills, Monona, Montgomery, Page, Pottawattamie, Shelby

CEO:

Suzanne Watson

suzanne.watson@pottcounty.com

712- 328-5643

Website:

<http://swiamhds.com/>

Meeting Information:

Meeting minutes and agendas are posted to the website. There are 3 Advisory Council meetings (South, Central & North) that meet.